

# Arise 2012

**An invitation to make 2012  
a year of unbroken prayer for Cheshire East**

“The borough, and the nation, stands at the crossroads in so many ways – social, political, financial and spiritual. At this moment therefore it is imperative that we come to the Lord for his help and healing, his forgiveness and release. Our hope for the future rests in his hands. It is time to seek the Lord.” Robert Mountford, CrossRoads Community, Author, *Heal the land*.

## How can I get involved?

**Cheshire East Prayer Watch** – Can you commit a hour or half an hour on a regular basis to help see continuous prayer across the area through each day and night?

**24 hours x 7days x 52 weeks of prayer** - A relay of 52 weeks of prayer as one town or groups of churches completes a week of prayer and passes the baton to the next, keeping the flame of prayer moving across Cheshire East. Can you help organise, host and join with others to take part in one or more weeks?

**Adopt a street in prayer** - Could you commit to praying regularly for one or two neighbouring families or those living alone?

**Prayer request cards**- Can you deliver these to neighbours' homes, colleagues, friends and join with others to pray about these requests?

**Neighbourhood Prayer Guides** – Could you use the prayer guides to record the names of key leaders in your community and pray for them and watch things change.

**Praying the Lord's Prayer at Midday** - Can you take 5 minutes each day at midday, or as near as you are able and pray the Lord's prayer wherever you are?

**Prayer Goals and feedback.** Leaders in our community are telling us specific things that they would like us to pray for in 2012. We'll keep you informed. Please let us know of any specific goals for which you think we should be praying.

**“I commend the churches across Cheshire East for working together on this initiative and for the invaluable work which so many do in support of our local communities.”** Fiona Bruce MP.

[www.arisecheshireeast.org.uk](http://www.arisecheshireeast.org.uk)

Arise Cheshire East is a growing movement of prayer for our area facilitated by:  
Robert Mountford (CrossRoads Community),  
Rev. Paul Wilson (Knutsford Methodist Church),  
Carolyn McQuaker (Go Project. Hidden Treasure in Cheshire East).

Arise 2012 supported  
by Neighbourhood  
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